



Visit www.sopa.si and find contact details of organisations and associations local to you to which you can turn for help and advice. The website gives you a host of information on issues around excessive drinking, consumption patterns and the consequences of excessive drinking. You can also complete a short questionnaire on your drinking habits and find out whether they are risky and harmful. The site also contains a quiz you can complete to see how much you really know about alcohol.



In terms of the seriousness of the consequences of excessive drinking, Slovenia occupies an unenviable position at the very top of European and world tables.

Every day in Slovenia, at least two people die of causes related exclusively to alcohol. If we add road accidents to this, an average of 927 people die every year from alcohol-related issues.

927

deaths a year

The costs of alcohol consumption to the healthcare system are estimated at **EUR 147 million a year**. Add to this the estimated other costs related to alcohol consumption (road accidents, domestic violence, crime) and this figure rises to **EUR 228 million**. Around **EUR 103 million** flows into the national budget from alcohol excise duty every year.



228

million euros a year in costs arising from alcohol consumption

Alcohol excise duty: **EUR 103 million a year**

43 %

Almost half of the population drinks excessively

What are we doing?

Short measure 1

Conducting in-depth interviews with individuals

Short measure 3

Informing individuals and the public



Who can you turn to in your local area?

For an interview: a health promotion or health education centre, your doctor, a doctor specialising in occupational, traffic and sports medicine, a graduate nurse specialising in family medicine or home care, or an adviser at a social work centre.

For more information and guidance: selected non-governmental organisations and the local employment service.

The SOPA project aims to:

- ... reduce alcohol consumption in Slovenia
- ... bring together 600 providers and specialists
- ... carry out activities in 18 local areas

